

Scottish Borders Health & Social Care
Integration Joint Board



Meeting Date: 25 February 2019

Report By	Simon Burt, General Manager Mental Health & Learning Disabilities
Contact	Susan Henderson, Planning & Development Officer
Telephone:	01896 840200

SET UP OF SHARED LIVES SCHEME

Purpose of Report:	To seek approval for ICF funding for the start up costs of a new Shared Lives Scheme
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Recommendations:	<p>The Health & Social Care Integration Joint Board is asked to:</p> <p>a) Approve ICF funding of £117,835.20 start up costs split over 2 financial years: 2019/20 and 2020/21. Ongoing funding will be met within the existing commissioning budget</p>
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Personnel:	The Project will be managed by the Learning Disability Service Planning and Development Officer.
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Carers:	<p>The benefits for family carers:</p> <ul style="list-style-type: none"> • Reduced stress related to carer role • Reduced likelihood of carer breakdown • Build a supportive relationship with Shared Lives carer family <p>The benefits for Shared Lives carers:</p> <ul style="list-style-type: none"> • Mutual relationship – sharing and learning from each other • Valued role as a carer in my community • Make a real difference in someone's life • Trying new things I wouldn't have done otherwise, having great experiences that I wouldn't have done on my own • Learning new things about myself – communication, patience, skills that change my approach to life • Quality of life – slowing down and taking time to do the things that are important <p>Initial consultation has taken place with 6 families who currently support young adults in a foster care arrangement. They are supportive of the development of this new scheme.</p>
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Equalities:	A full EQIA will be carried out at the outset of the project.
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Financial:	<p>The Learning Disability Service seeks funding for the 1st full year of a 3 year project.</p> <p>Indicative budget</p> <table border="1"> <thead> <tr> <th>Shared Lives Infrastructure costs</th> <th>Y1</th> <th></th> </tr> </thead> <tbody> <tr> <td>Salaries</td> <td>£55,500.00</td> <td>Based on Scotland Shared Lives salaries</td> </tr> <tr> <td>Oncosts @ 20%</td> <td>£11,100.00</td> <td></td> </tr> <tr> <td>Training @ 2%</td> <td>£1,100.00</td> <td></td> </tr> <tr> <td>Staffing total</td> <td>£67,710.00</td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td>Other costs</td> <td></td> <td></td> </tr> <tr> <td>Office running costs</td> <td>£32,500.00</td> <td>Based on costs from other schemes in UK</td> </tr> <tr> <td>Carer related costs</td> <td>£5,000.00</td> <td></td> </tr> <tr> <td>Total other costs</td> <td>£37,500.00</td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td>Overhead costs</td> <td>£12,625.20</td> <td></td> </tr> <tr> <td>Total Costs</td> <td>£117,835.20</td> <td></td> </tr> <tr> <td>Monthly costs</td> <td>£9,819.60</td> <td></td> </tr> <tr> <td>Weekly costs</td> <td>£2,266.06</td> <td></td> </tr> </tbody> </table> <p>Setting up and running a Shared Lives scheme is a cost avoidance financial model.</p> <p>The alternative models of support which are supported living models and care home support are more expensive. The table below demonstrates the comparison of spend between current models of support and a Shared Lives Scheme.</p> <p>Long-term live in arrangements offer the greatest potential cost benefits to the local authority. Day opportunities and short breaks provision can provide step up and step down routes into and out of longer term placements for both the individuals receiving support and Shared Lives carers. Offering all three types of support would allow more people with more complex needs to be supported to receive a full package of support via Shared Lives.</p> <p>In England an average of 54% of arrangements are long-term live-in. This is above the Scottish figures which averages at 35% in long-term live-in arrangements and 19% and 46% supported via short breaks and day opportunities respectively. As the whole market place is still quite small in Scotland, so these figures can be easily influenced by large providers such as the Moray scheme who focus primarily on day opportunities.</p> <p>The initial establishment of the project does not allow for any cost</p>	Shared Lives Infrastructure costs	Y1		Salaries	£55,500.00	Based on Scotland Shared Lives salaries	Oncosts @ 20%	£11,100.00		Training @ 2%	£1,100.00		Staffing total	£67,710.00					Other costs			Office running costs	£32,500.00	Based on costs from other schemes in UK	Carer related costs	£5,000.00		Total other costs	£37,500.00					Overhead costs	£12,625.20		Total Costs	£117,835.20		Monthly costs	£9,819.60		Weekly costs	£2,266.06	
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Average of existing day opportunities provision	£11.50	£19,320.00	£4,200.00	Figures provided by the Scottish Borders
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Legal:

There are currently 8 young adults still being supported within Foster Care arrangements in Scottish Borders. This is outwith any registration framework. SBC legal and Care Inspectorate are aware of this and are awaiting SBC making appropriate arrangements to rectify this.

Risk Implications:

Legal risk: As risk above in legal section.
Financial: Alternatives models are more expensive. This is a more cost effective model and appropriate for some people.

See Appendix 1 for ICF Project Brief

Appendix 1 ICF Project brief for development of a Shared Lives Scheme

Project Name	Development of a Shared Lives Scheme in Scottish Borders		
Project Owner	Simon Burt	Application Main Contact	Susan Henderson
Main contact email	Susan.henderson@scotborder.gov.uk	Main Contact Telephone	01896 840200
Guidance on Project Brief			
<p>The purpose of this form is to give an outline on the key aspects of the proposal to the Integrated Care Fund 2015-18</p> <p>Please refer to the accompanying guidance notes for more information on the Integrated Care Fund (ICF) when completing this document.</p>			
1	Outline project description		
	<i>Please summarise the project in no more than 250 words</i>		
<p>The Learning Disability Service (LDS) intends to develop a local Shared Lives scheme as part of their commitment to offering a variety of accommodation and support arrangements to the people they support as per the LDS Strategic Commissioning Plan (2016-19).</p> <p>In addition to this strategic direction, there are currently 8 young adults still being supported within Foster Care arrangements in Scottish Borders. This is outwith any registration framework. SBC legal and Care Inspectorate are aware of this and are awaiting SBC making appropriate arrangements to rectify this.</p> <p>Shared Lives is a regulated form of social care which has historically been used primarily for people with learning disabilities.</p> <p>In Shared Lives, an adult who needs support or accommodation is matched with an approved Shared Lives carer, who supports and includes the individual in their family and community life.</p> <p>Shared Lives can provide long term live in, short breaks and day support options for the local population.</p> <p>While Shared Lives has historically primarily supported people with learning disabilities in long term arrangements it has diversified across the UK to support other groups including: older people, people living with dementia, people with mental ill health, young people in transition, women fleeing domestic abuse, parents with learning disabilities and as a home from hospital alternative.</p> <p>In the short term, we will focus the development of the new service for people with a learning disability identified as their primary support need.</p>			
2	Project's strategic fit (see guidance notes section 2)		
	<i>Which local strategic objectives and Scottish Government ICF principles will it meet?</i>		
Borders IJB Strategic Plan objectives			
<ol style="list-style-type: none"> 1. Improve the health of the population and reduce the number of hospital admission 2. Improve the capacity for people to better manage their own conditions and support those who care for them 			
<p>Shared Lives is a partnership model and grounded in participatory and asset-based principles. There is clear alignment to the Scottish Borders' strategic aim to support people to maximise their community</p>			

participation and form meaningful friendships and relationships in their local communities.

Scottish Government ICF principles

1. Co-production
2. Sustainability
3. Locality
4. Involvement
5. Outcomes

A priority within 'The keys to life', Scotland's Learning Disability Strategy, is that all adults with learning disabilities, including those with complex needs, experience meaningful and fulfilled lives. Contributing to this The Scottish Government wants to support Health and Social Care Partnerships to find alternatives to out-of-area placements, and to eradicate any delayed discharge for people with learning disabilities.

3

Project Aims/ Achievements

Please give a high level description of what will success look like?

Shared Lives supports people to live or spend time in a family home embedded in a local community. This approach generates significant outcomes to people who use shared lives, their family carers and Shared Lives carers. Over the years Shared Lives Plus has commissioned a number of independent reviews and collected internal surveys and feedback from the people using Share Lives and our members, listed below are some of the benefits observed.

The benefits for people who use Shared Lives:

- Living a good life in a place of my choice
- Relationships with people who are not paid to be in my life
- Developing links & networks in my community
- Learning new skills, having new experiences
- Extended network of family, friends and community
- Can go out in the community on my own
- Going on holiday
- People know me and look out for me
- Doing things that are not just for disabled or older people

The benefits for family carers:

- Reduced stress related to carer role
- Reduced likelihood of carer breakdown
- Build a supportive relationship with Shared Lives carer family

The benefits for Shared Lives carers:

- Mutual relationship – sharing and learning from each other
- Valued role as a carer in my community
- Make a real difference in someone's life
- Trying new things I wouldn't have done otherwise, having great experiences that I wouldn't have done on my own
- Learning new things about myself – communication, patience, skills that change my approach to life
- Quality of life – slowing down and taking time to do the things that are important

4	What areas of the Borders will the project cover <i>Will the project affect the whole of the Borders or a specific locality, if so please state?</i>	
This is a Borders-wide project.		
5	Which care groups will the project affect? (see guidance notes section 4)	
<p>Shared Lives has historically primarily supported people with learning disabilities in long term arrangements but is diversifying across the UK to support other groups including: older people, people living with dementia, people with mental ill health, young people in transition, women fleeing domestic abuse, parents with learning disabilities and as a home from hospital alternative.</p> <p>At the outset we will focus on the development of the new service for people with a learning disability identified as their primary support need.</p> <p>However, in future there will be the flexibility to expand the model to other client groups.</p>		
6	Estimated duration of project <i>Please provide high level milestones and including planning and evaluation time</i>	
3 years includes set up and mainstreaming.		
March 2019	Information session for family carers and other stakeholders	
April 2019	Market testing	
April – Oct 2019	Tender process via Scotland Excel portal	
Oct/Nov 2019	Award tender	
Nov 2019 – April 2020	Set up scheme, including infrastructure, advertising, recruitment of service manager, co-ordinator and admin person.	
April 2020 – Sept 2020	Initial recruitment of and training for 1 st cohort of Shared Lives Carers (8) to the 8 young people	
Sept 2020-Dec 2020	1 st 8 Shared Lives arrangements go live	
January 2021-March 2022 June 2021	Recruitment of Shared Lives Carers and matching to people with Learning Disabilities (17) Evaluation of Shared Lives Scheme arrangements using 'My Shared Lives' outcome tool.	
April 2021	Mainstreamed service provision. Consider diversifying client group at this stage.	
7	How much funding would the project need and how would it be spent? (see guidance notes section 5) Please break down into individual costs	
The project requires set up funding of £117,835.20 split over 2 financial years: 2019/21 and 2020/21		
Indicative budget		
Shared Lives Infrastructure costs	Y1	
Salaries	£55,500.00	Based on Scotland Shared Lives salaries
Oncosts @20%	£11,100.00	
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Growth model option

	Number of converted foster care arrangements	Foster care conversion savings (against supported living cost (£3761 per month))	New arrangements	New arrangement savings (35% long term - monthly saving £3761, 19% short breaks - monthly saving £0, 46% day opportunities - monthly saving £350)	Total number of arrangements	Total monthly savings generated for LA against other types of provision	Cumulative savings for commissioning authority	Provider costs per month	Monthly income from management fee	Shortfall per month	Total shortfall until point of break even	Notes
Month 1				£0.00	0	£0.00	£0.00	£9,819.60	£0.00	£9,819.60		Supported living monthly saving £3,761.33
Month 2				£0.00	0	£0.00	£0.00	£9,819.60	£0.00	£9,819.60		Day opportunities monthly saving £350.00
Month 3				£0.00	0	£0.00	£0.00	£9,819.60	£0.00	£9,819.60		Provider costs per week £3,622.00
Month 4				£0.00	0	£0.00	£0.00	£9,819.60	£0.00	£9,819.60		Weekly management fee (weekly s £90.64
Month 5				£0.00	0	£0.00	£0.00	£9,819.60	£0.00	£9,819.60		5.95 22379.933
Month 6				£0.00	0	£0.00	£0.00	£9,819.60	£0.00	£9,819.60		7.82 2737
Month 7	8	£30,088.00		£0.00	8	£30,088.00	£30,088.00	£9,819.60	£3,142.27	£6,677.33		
Month 8	8	£30,088.00	1	£1,477.35	9	£31,565.35	£61,653.35	£9,819.60	£3,535.06	£6,284.54		
Month 9	8	£30,088.00	2	£2,954.70	10	£33,042.70	£94,696.05	£9,819.60	£3,927.84	£5,361.76		
Month 10	8	£30,088.00	3	£4,432.05	11	£34,520.05	£129,216.10	£9,819.60	£4,320.62	£5,068.98		
Month 11	8	£30,088.00	4	£5,909.40	12	£35,997.40	£165,213.50	£9,819.60	£4,713.41	£5,106.19		
Month 12	8	£30,088.00	5	£7,386.75	13	£37,474.75	£202,688.25	£9,819.60	£5,106.19	£4,713.41		
Month 13	8	£30,088.00	6	£8,864.10	14	£38,952.10	£241,640.35	£9,819.60	£5,498.98	£4,320.62		
Month 14	8	£30,088.00	7	£10,341.45	15	£40,429.45	£282,069.80	£9,819.60	£5,891.76	£3,927.84		
Month 15	8	£30,088.00	8	£11,818.80	16	£41,906.80	£323,976.60	£9,819.60	£6,284.54	£3,535.06		
Month 16	8	£30,088.00	9	£13,296.15	17	£43,384.15	£367,360.75	£9,819.60	£6,677.33	£3,142.27		
Month 17	8	£30,088.00	10	£14,773.50	18	£44,861.50	£412,222.25	£9,819.60	£7,070.11	£2,749.49		
Month 18	8	£30,088.00	11	£16,250.85	19	£46,338.85	£458,561.10	£9,819.60	£7,462.90	£2,356.70		
Month 19	8	£30,088.00	12	£17,728.20	20	£47,816.20	£506,377.30	£9,819.60	£7,855.68	£1,963.92		
Month 20	8	£30,088.00	13	£19,205.55	21	£49,293.55	£555,670.85	£9,819.60	£8,248.46	£1,571.14		
Month 21	8	£30,088.00	14	£20,682.90	22	£50,770.90	£606,441.75	£9,819.60	£8,641.25	£1,178.35		
Month 22	8	£30,088.00	15	£22,160.25	23	£52,248.25	£658,690.00	£9,819.60	£9,034.03	£785.57		
Month 23	8	£30,088.00	16	£23,637.60	24	£53,725.60	£712,415.60	£9,819.60	£9,426.82	£392.78		
Month 24	8	£30,088.00	17	£25,114.95	25	£55,202.95	£767,618.55	£9,819.60	£9,819.60	£0.00	£119,013.55	
Month 25	8	£30,088.00	17	£25,114.95	25	£55,202.95	£822,821.50	£9,819.60	£9,819.60	£0.00		
Month 26	8	£30,088.00	17	£25,114.95	25	£55,202.95	£878,024.45	£9,819.60	£9,819.60	£0.00		
Month 27	8	£30,088.00	17	£25,114.95	25	£55,202.95	£933,227.40	£9,819.60	£9,819.60	£0.00		
Month 28	8	£30,088.00	17	£25,114.95	25	£55,202.95	£988,430.35	£9,819.60	£9,819.60	£0.00		
Month 29	8	£30,088.00	17	£25,114.95	25	£55,202.95	£1,043,633.30	£9,819.60	£9,819.60	£0.00		
Month 30	8	£30,088.00	17	£25,114.95	25	£55,202.95	£1,098,836.25	£9,819.60	£9,819.60	£0.00		
Month 31	8	£30,088.00	17	£25,114.95	25	£55,202.95	£1,154,039.20	£9,819.60	£9,819.60	£0.00		
Month 32	8	£30,088.00	17	£25,114.95	25	£55,202.95	£1,209,242.15	£9,819.60	£9,819.60	£0.00		
Month 33	8	£30,088.00	17	£25,114.95	25	£55,202.95	£1,264,445.10	£9,819.60	£9,819.60	£0.00		
Month 34	8	£30,088.00	17	£25,114.95	25	£55,202.95	£1,319,648.05	£9,819.60	£9,819.60	£0.00		
Month 35	8	£30,088.00	17	£25,114.95	25	£55,202.95	£1,374,851.00	£9,819.60	£9,819.60	£0.00		
Month 36	8	£30,088.00	17	£25,114.95	25	£55,202.95	£1,430,053.95	£9,819.60	£9,819.60	£0.00		

8 What would happen if ICF didn't invest in the project?

The LD Service's commissioning budget would need to fund this arrangement, resolving any potential overspend.

The initial establishment of the project does not allow for any cost avoidance with existing support arrangements still needing to be funded.

9 How would the project release resources in order to sustain the project?

What services would longer be provided or would be provided in different ways

Setting up and running a Shared Lives scheme is a cost avoidance financial model.

The alternative models of support which are supported living models and care home support are more expensive. The table below demonstrates the comparison of spend between current models of support and a Shared Lives Scheme.

Long-term live in arrangements offer the greatest potential cost benefits to the local authority. Day opportunities and short breaks provision can provide step up and step down routes into and out of longer term placements for both the individuals receiving support and Shared Lives carers. Offering all three types of support would allow more people with more complex needs to be supported to receive a full package of support via Shared Lives.

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10 How would you identify/ recruit staff to support the project?

The development of the project will be managed from within the Learning Disability Service by the Planning and Development officer.

Staff to run a Shared Lives Scheme will be recruited by the organisation that wins the tender following a tender process in 2019.

11 Would the project require dedicated project support from the programme team (see guidance notes section 6)

This project will be managed from within the Learning Disability Service by the service's Planning and Development Officer acting as Project Manager.

A project group will be set up with the General Manager for Mental and Health and Learning Disability acting as Project Sponsor.

It may be beneficial for the Project to liaise with the programme team around evaluation.

Please return this form to the Programme Team
 Email: IntegratedCareFund@scotborders.gov.uk
 Phone: 01835 82 5080

Attach 2 Shared Lives Business Case 2018:



**Shared Lives
Plus Demographic Ar**

Attach 3 Shared Lives Baseline analysis and expansion modelling 2018:



**Shared Lives
Plus Baseline Analysi**

Attach 4 Shared Lives Demographic Analysis 2018:



**Shared Lives
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